

Through my personal autism journey and sharing my experience with others, I have found that many parents report it is painful to go out into the big bad typical world without stares from others. If you are a parent of a child with autism, you learn quickly that everyone has an opinion and are quick to give advice. I found the below form of autism awareness to be very helpful. I took the words from many different worn out Momma's from the internet to encourage myself and others. I challenge you to make a copy of the paragraph below. Laminate several and keep them in your purse or wallet ready to spread awareness. The next time in a situation where you are feeling uncomfortable from the stares or words of others, just give them a friendly autism awareness card. You don't have to say a single word. You are doing the best you can and so is your child! **YOU ARE A ROCKSTAR AUTISM PARENT!**

My child is NOT misbehaving. My child has AUTISM. AUTISM is a neurological disorder. It is NOT caused by bad parenting or spoiled children. Each child with AUTISM faces different challenges, so each child behaves differently. Sights, smells and sounds often overwhelm my child. When this happens my child appears to act out, but is merely communicating his needs. Please DO NOT stare! My child is just like yours. My child is merely "wired differently". Please educate yourself and others about AUTISM.