Resources for Play Based Interventions

BOOKS

Play: How it Shapes the Brain, Opens the Imagination, and Invigorates the Soul by Stuart Brown and Christopher Vaughn

Play and Child Development (4th Edition) by Joe L. Frost, Sue C. Wortham, Stuart C. Reifel

Early Intervention Games: Fun, Joyful Ways to Develop Social and Motor Skills in Children with Autism Spectrum or Sensory Processing Disorders by Barbara Sher

An Early Start for Your Child with Autism: Using Everyday Activities to Help Kids Connect, Communicate, and Learn by Sally J. Rogers, Geraldine Dawson, and Laurie A. Vismara (Based on the Early Start Denver Model)

The Out-of-Sync Child Has Fun, Revised Edition: Activities for Kids with Sensory Processing Disorder by Carol Kranowitz

Retro Baby: Cut Back on All the Gear and Boost Your Baby's Development With More Than 100 Time-tested Activities

AND Retro Toddler: More Than 100 Old-School Activities to Boost Development by Anne Zachary, PhD

Balanced and Barefoot: How Unrestricted Outdoor Play Makes for Strong, Confident, and Capable Children by Angela Hanscom

WEBSITES

The Importance of Play in Promoting Healthy Child Development and Maintaining Strong Parent-Child Bonds. From the Journal of the American Academy of Pediatrics: https://pediatrics.aappublications.org/content/119/1/182

DIR/Floortime Resources:

ICDL (The Interdisciplinary Council on Learning & Development, Inc) : http://www.icdl.com/home

Profectum: https://profectum.org/

The Greenspan Floortime Approach: https://www.stanleygreenspan.com/

The PLAY Project for autism: https://www.playproject.org/

Encourage Play, LLC: https://www.encourageplay.com/

Neuroplasticity and Development: Rewiring the Brain for Functional Changes in Learning,
Behavior, Motor and Cognitive Challenges
Debra Johnson, MS, OTR/L
STEPS for Kids, Inc Yorkville, IL www.rightstepsforkids.com