

Bone Marrow Transplant Unit

Low White Blood Cell (WBC) Count

Precautions

After you have your bone marrow transplant (BMT), your white blood cell (WBC) count will be low for several days. A low WBC count puts you at risk for getting an infection. Low WBC precautions are used to help protect you from infection. Everyone who enters your room must follow these precautions. This includes family, visitors, nurses and doctors.

Low WBC Precautions

You will be on low WBC precautions when you are admitted to the hospital. This type of precaution includes good hand washing with a special soap to kill germs. **Anyone entering your room must wash their hands with a special soap and wear a mask.** During your hospital stay, you may walk in the hallway of the transplant unit.

General Guidelines

- Visitors must check with the nurse on their first visit to the unit. The nurse will teach them about the WBC precautions.
- Ask the nurse if you have any questions.

For more information on this topic, ask for the patient education handout, [Low White Blood Cell Count Precautions](#).

This handout is for informational purposes only. Talk with your doctor or health care team if you have any questions about your care.