

Pocket Card for Functional Status Score for the Intensive Care Unit (FSS-ICU)

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1) Rolling 2) Supine to sit transfer¹ 3) Sit to stand transfer¹ 4) Sitting edge of the bed¹

No assistance or assistive device needed (Independent)

7

No assistance but requires use of a rail/assistive device (Modified Independent)

6

Requires cueing but with no physical assist, may use assistive device (Supervision)

5

Patient performs $\geq 75\%$ (Minimum Assist)

4

Patient performs between 26%-74% (Moderate Assist)

3

Patient performs $\leq 25\%$ (Maximum Assist)

2

Task is performed but the patient is unable to assist (Dependent)

1

Unable to attempt or complete the task due to weakness

0

¹ Dependent tasks (without use of lift device) are given a score of 1. Tasks completed with lift device due to weakness are scored as 0.

≤ 2 tasks not performed for reasons other than weakness, use average score of remaining tasks to create total. >2 tasks not performed, can't be calculated.

<2 tasks not performed for reasons other than weakness, use average score of remaining tasks to create total. >2 tasks not performed, can't be calculated.

Max score for chair mobility is 6. $\frac{1}{2}$ longest distance walked without seat rest break

Unable to attempt to complete the task due to weakness

< 50 feet Walk < 50 feet with assist of 1 or any distance with assist of 2 persons (Total Assist)

≥ 50 feet Walk ≥ 50 feet with the assistance of only 1 person (Maximum Assist)

> 150 feet Patient performs between 50-74% (Moderate Assist)

> 150 feet Patient performs $\geq 75\%$ (Minimum Assist or Contact Guard Assist)

> 150 feet Requires cueing but no physical assist, may use assistive device (Supervision)

> 150 feet No assistance but requires the use of assistive device/gait aid/prosthetic device (Modified Independent)

> 150 feet No assistance or assistive device required (Independent)

5) Walking/Wheelchair mobility

> 150 feet No assistance or assistive device required (Independent)

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