

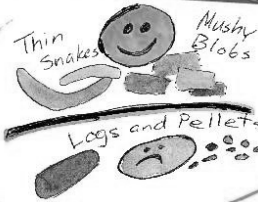
12 Signs

Your Child

is Constipated

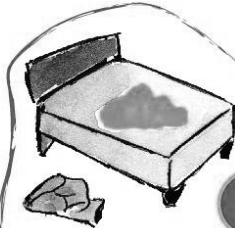
Holy Cow!

1 **XXL poops.** We're talking "Holy cow!" poops – larger than $\frac{3}{4}$ " x 6."



2 **Firm poops.** Logs or pellets = bad; thin snakes or mushy blobs = good.

3 **Poop accidents.** When the rectum is overstuffed, poop just falls out.



4 **Bedwetting and pee accidents.** A big 'ol poop mass squishes the bladder.

AGAIN?
But you JUST Peed!

5 **Recurrent UTIs.** Bacteria from overflowing poop crawl up to the bladder.

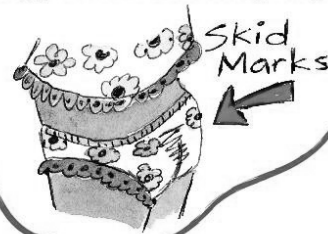
6 **Extremely frequent and/or urgent peeing.** You go, "AGAIN? But you JUST peed!"

7 **Infrequent pooping.** But daily pooping doesn't rule out constipation.

8 **Pooping more than 2x/day.** A stretched-out rectum lacks the tone to evacuate fully.

9 **Belly pain.** Constipation is the #1 source of tummy ache in kids.

10 **Skid marks or itchy anus.** Clogged kids can't fully empty → bottom is hard to wipe → poop stains.



11 **Super-loose poop.** Some poop can ooze by the large, hard rectal clog.

12 **Continued trouble toilet training or hiding to poop in diapers.**



BedwettingAndAccidents.com

O'Regan Press