

Resources for Movement Based Interventions

BOOKS

The Joy of Movement: Lesson Plans and Large-Motor Activities for Preschoolers
by Mary Lynn Halner

303 Kid-Approved Exercises and Active Games by Kimberly Wechsler

Active Baby, Healthy Brain: 135 Fun Exercises and Activities to Maximize Your Child's Brain Development from Birth Through Age 5 ½ by Margaret Sasse

Kids on the Move: Creative Movement for Children of All Ages by Kassandra Schmutz Boyd, Melanie Schmutz Chalk, and Jennifer Schmutz Law

The Book of Movement Exploration: Can You Move Like This?
By John M. Feierabend and Jane Kahan

WEBSITES

Resources for SI, Praxis, and Vestibular system: <https://www.cl-asi.org/resources>

Play, Move, Develop: Games and activities to encourage motor skill development in children:
Your Therapy Source Inc <https://www.yourtherapysource.com/?s=move+play> (Includes many other resources for movement activities, search their available products)

Autism Movement Therapy: <https://www.autismmovementtherapy.com/>

The Co-op Approach: Enabled Skilled Living (intervention for DCD):
<http://co-opacademy.ca/about-co-op/the-co-op-approach/>

Hippotherapy information and resources: <https://americanhippotherapyassociation.org/resources/>

American Academy of Pediatrics statement on recess:
<https://pediatrics.aappublications.org/content/131/1/183.full>

Neuroplasticity and Development: Rewiring the Brain for Functional Changes in Learning,
Behavior, Motor and Cognitive Challenges
Debra Johnson, MS, OTR/L
STEPS for Kids, Inc Yorkville, IL www.rightstepsforkids.com