

# Resources for Relationship Based Interventions

## **BOOKS**

*Engaging Autism: Using the Floortime Approach to Help Children Relate, Communicate, and Think*

by Stanley Greenspan, MD and Serena Wieder, PhD

*Behavioral Challenges in Children Autism and Other Special Needs: The Developmental Approach*

by Diane Cullinane, MD

*The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children*

*Lost at School: Why Our Kids with Behavioral Challenges are Falling Through the Cracks and How We Can Help Them*

*Lost and Found: Helping Behaviorally Challenging Students (And, While You're At It, All the Others)*

By Ross Greene, PhD

*How To Talk So Kids Will Listen And Listen So Kids Will Talk* by Adele Faber and Elaine Mazlish

*How To Talk So Little Kids Will Listen: A Survival Guide To Life With Children Ages 2 – 7*

By Joanna Faber and Julie King

*How To Talk So Kids Can Learn* by Adele Faber and Elaine Mazlish

*Touchpoints: Birth to Three AND Touchpoints: Three to Six* by T. Berry Brazelton, MD

## **WEBSITES**

Interdisciplinary Council on Development & Learning (ICDL)

DIR/Floortime information, including "FEDC Basic Chart": <http://www.icdl.com/>

Profectum

DIR/Floortime information, including Parent Toolbox Webcast Series (free):

<https://profectum.org/>

Stanley Greenspan website for DIR/Floortime training and resources

<https://www.stanleygreenspan.com/>

Early Start Denver Model (relationship and play based intervention with ABA techniques):

<https://www.esdm.co/>

Neuroplasticity and Development: Rewiring the Brain for Functional Changes in Learning,  
Behavior, Motor and Cognitive Challenges

Debra Johnson, MS, OTR/L

STEPS for Kids, Inc Yorkville, IL [www.rightstepsforkids.com](http://www.rightstepsforkids.com)

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Lives In The Balance: Dr. Ross Greene's Collaborative and Proactive Solutions (CPS) Model for challenging behavior and supporting children (includes parent resources, free downloads):  
<https://livesinthebalance.org/>

The Mehrit Centre; Shanker Self-Reg Program by Stuart Shanker, DPhil for self-regulation that focuses on improved understanding of the child's stress responses and changing the adult's responses to meet the child's needs and support reduced stress. <https://self-reg.ca/>

Karen Purvis Institute of Child Development for Trust-Based Relational Intervention information, training (for trauma focused intervention) <https://child.tcu.edu/about-us/tbri/#sthash.X0loW0bp.dpbs>

U.S. Dept of Health & Human Services; Administration for Children & Families; Office of Planning, Research & Administration (professional articles on research and strategies for co-regulation)  
[https://www.acf.hhs.gov/opre/site\\_search/coregulation](https://www.acf.hhs.gov/opre/site_search/coregulation)

Brazelton Touchpoints (family library, resources)  
<https://www.brazeltontouchpoints.org/>

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